Live and help to live

Chairman

Mr. Manharlal L. Mehta 37 Howberry Road Edgware HA8 6SS

020 8952 1165 chairman@ncva.co.uk



Charity no. 1137083

General Secretary

Mr. Mahesh S. Gandhi 23 Hughenden Avenue Kenton, Harrow HA3 8HA

020 8933 8882 secretary@ncva.co.uk

Minutes of the NCVA Council meeting held on 9th Aug 2015 at Jain Community Centre, 667/669 Stockport Road, Longsight, Manchester M12 4QE, United Kingdom

Present: Chandrakant Mehta (CM), Bharat Mehta (BM), Narendra Vora (NV),

Mahesh Shah (MS), Jyotsna Patel (JP), Roopal Punatar (RP), Renu Mehta (RM), Manhar Mehta, (MM), Piyush Mehta (PM), Vijay Sheth (VS), Harshad Mehta (HM), Jayesh Shah (JS), Kiran Mehta (KM), Saroj Patel

(Part time)

Apologies: Navin Sheth, Saroj Shah, Asha Parekh, Bina Holden, Kalpit Doshi,

Chandri Vora, Mahesh Gandhi, Kirit Batavia, Harshad Kothari, Harkishan Mehta, Harsha Mehta, Anil Parekh; Saroj Varia

1) Prayers

Meeting started at 12.30pm with reciting of Prayer.

2) Welcome and apologies

Manhar Mehta, NCVA chairman, welcomed all and thanked Jain Samaj Manchester to host this meeting. Piyush Mehta, President Manchester Jain Samaj welcomed all Jain Centre. Attendees introduced themselves.

3) Approval of Minutes of 09-Nov-14

The minutes were approved; proposed by Bharat Mehta and Kiran Mehta and were signed by Manhar Mehta and Bharat Mehta

4) Matters Arising

None.

5) Health Seminar

Manhar Mehta reported about the Health Seminar of 3rd May in East London. This was NCVA sponsored event and around 350 people attended. NCVA organised a coach for attendees from Harrow area. Jain Sangh East London had helped with all

Regional Vice Chairmen

(North Region)
Mr. Kiran N. Mehta

Mr. Kalpit D. Doshi

(Greater London) Mr. Vijay H. Sheth

(South Region) Mr. Harkishan D. Mehta

Treasurer

Mr. Jaykumar T. Shah

Deputy General Secretary

Mr Bharat Mehta

Executive Committee Members

Mr. Bharat Mehta Mr. Chandrakant Mehta Mr. Kirit Batavia Mr. Ramesh Shah Mrs. Roopal Punater

Mrs. Saroj Varia

Mrs. Asha Mehta

Co opted:

Mr. Chirag Bajaria Mr. Jayman Mehta

e- News Letter :

VANIK VOICE Editor:

Mr Anil Parekh

Hon. Auditors

P.S.J. Alexander & Co

Website: www.ncva.co.uk

Newsletter: www.ncva.co.uk/newsletter

Affiliated Associations

Aden Vanik Association of UK, Digamber Jain Visa Mevada Association of UK, East London Bhagini, Jain Association of UK, Jain Network, Jain Samaj Europe, Jain Samaj Manchester, Jain Sangh Birmingham, Mahavir Foundation, Nari Vrund, Navnat Vanik Association of UK, Navnat Vanik Bhagini Samaj, Navnat Bridge Club, Navnat Vadil Mandal,

Navnat Youth Association, Oshwal Association of UK, Shree Jain Sangh East London & Essex, Shree Navyug Jain Pragati Mandal, Shree Sidhpuria Vanik Samaj, Shrimali Soni Mandal London, Shree Sorathia Vanik Association (UK), Vanik Association UK, Vanik Samaj Coventry, Vanik Samaj Leicester, Vanik Samaj of UK Brighton, Vanik Samaj Southampton, Veerayatan UK, Young Jains

Live and help to live

arrangements. There were talks on Cancer, Diabetes, Dementia and Spiritual Care, also were workshops on Oral hygiene, Eye care and Vegan food. There were Health checks performed for those who wanted this. Some people were advised to see their respective GP. A copy of detailed report was circulated at the meeting and is attached at the end of these minutes. The seminar cost to the NCVA is £2,000 MM suggested that NCVA is prepared to fund the similar type of events in other regions. KM suggested arranging a simultaneously event in every region on the same day. MM replied that it is not possible to do so as NCVA has limited budget for each year to spend on the Health Seminars. KM suggested Manchester can host the seminar next year around March/April time with a subsidy from NCVA. He will send notes of organising common Health day for Vanik community

6) Treasurers Report

Jayesh Shah presented accounts for 2014 and reported a small surplus for the year.

He mentioned that for many years the subscription has remained same at £5 per representative and this income cannot fund NCVA activities (health seminars, Matrimonial services, spiritual care etc.) We get grant from NHS for Spiritual care but this is shrinking and may not get any in the future.

In order to increase our income, members suggested we increase the subscription. Manhar Mehta pointed out that some of the smaller associates will not be able to afford the increase. Kiran Mehta suggested that every associate organisation should pay £1 per their registered members with a cap of £500 as the maximum.

Narendra Vora wanted the breakdown of 35th Anniversary income and expenditure. This will be sent to him.

Members were of the opinion that Vanik Professional Group fund should be amalgamated to General Fund. Manhar Mehta will talk with our Auditors . Vijay Sheth suggested that the VPG fund can be used to create a new group of youngsters. Manhar Mehta stated that at such time we can allocate funds from General Fund.

7) Secretary's Report

Manhar Mehta informed that a video conferencing system has been installed at the NCVA office in London.

8) Matrimonial Register & Speed Dating

Matrimonial Register

Matrimonial report was read by Manhar Mehta on behalf of Jaymanbhai. He reported that the matrimonial register has 75 boys and girls, not many have renewed their membership. He requested all organisations to promote this service amongst their members.

Kiran Mehta suggested that if Jaymanbhai can provide an annual report and send it to him; he can incorporate on Manchester website.

Speed Dating

Live and help to live

Ramesh Shah's report on Speed dating was read. He reported that after the event, boys and girls do not make effort to meet despite they have shown interest in each other on Tick-list. He is planning a different approach.

In reply to Jyotsnaben Patel's suggestion that youngsters should run Speed Dating, Manhar Mehta replied that most of the team are youngsters.

9) Spiritual Care

Manhar Mehta reported that Shashibhai Shah has taken over as co-ordinator from Jaymanbhai.

Manchester Jain Samaj should promote Jain Spiritual care in their area

A group of ladies who help Jain patients in Manchester can be guided to give their services in hospitals, Jyotsnaben Patel will talk with that group.

NCVA can help developing Funeral Rites service in Manchester. Manhar Mehta will spend the Funeral rites material to Piyush Mehta

10) E-Newsletter

E-Newsletter

Anilbhai Parekh, our Editor, has prepared August issue of Vanik Voice This will be sent electronically by our secretary to all on our database. Organisations to distribute this to their members.

11) Area Chairmen's reports.

Kiran Mehta reported that Manchester Jain Samaj has successfully organised the function of honouring the elders (80 years and over). They have started Bridge Club that meet on Sundays. Manchester Samaj has acquired the plot next their property and the plan to expand the hall has been approved.

Vijay Sheth reported that East London & Essex are in process of acquiring hall for £600K and have already collected £450000. This will enable Jain Sangh of East London & Essex to carry on their religious activities.

Jain Samaj Leicester will be celebrating 30th year anniversary and also Dhaja ceremony.

12) AOB

Manhar Mehta thanked Manchester Jain Samaj for hosting the meeting.

13) Date and Venue of Next Meeting

- It was agreed to hold NCVA AGM in the month of October 2015.
- The meeting ended at 3.45p.m.

Live and help to live



NCVA/SJS – Health Seminar – Sunday 3rd May, 2015 <u>Review</u>

- The Health Seminar, held in East London at Hariben Bachubhai Nagrecha Hall on Sunday 3rd May was a resounding success!
- This was a first joint event organised by National Council of Vanik Associations (NCVA) and Shree Jain Sangh (SJS). NCVA were the main sponsors and, with faultless co-ordination, we managed to make this an event to remember. SJS team was led by Harshida Mehta supported by young Dr Shaine Mehta and NCVA by Manharbhai Mehta. Planning for this started some 4 months earlier. Many professional youths from SJS were at the forefront of organising the Seminar.
- A total of 275 Members from all areas attended. A coach was hired for those travelling from North London. Many came by car from North, West and South London.
- The day started with a welcome speech by Harshida Mehta followed by talks on Diabetes by Dr.Pragna Mandalia, (Diabetes UK), Cancer Care by Jeanette Easton (Macmillan), Dementia by
- Varsha Dodhia and finally Spiritual Healthcare by Manhar Mehta. The on-stage programme was coordinated by Dr. Shaine Mehta. All the talks were invigorating, informative and useful.















The audience have to be credited for being attentive and also for maintaining silence throughout the lectures. After the main talks, people attended workshops on (i) Vegan food led by Mahersh Shah,

(ii) Oral Health led by Dr. Dipesh Kothari supported by Dr. Rima Doshi, (iii) Eye Care led by Vibha Vora supported by Reena Vora, (iv) Blood Pressure/Blood Sugar check ups conducted by our team of Pharmacists including Manish Shah, Dipak Doshi, Mayur Parekh and Nisha Mehta. A total of 120 tests were carried out and a few attendants were urged to contact their GPs for further check-ups. There were stalls for Cancer, Diabetes and Vegan food.

- Bharat Mehta (NCVA Joint Secretary) and Harshad Kothari (SJS President) gave a vote of thanks.
- A healthy lunch was organised by SJS Bhagini Committee and then served by Volunteers from SJS and NCVA. At least 25 Volunteers from both organisations helped during the event. On behalf of NCVA and SJS we thank all of them. Our appreciation goes to Late Hariben Bachubhai Nagrecha Family for letting us use the entire Hall facilities previous evening for setting up and on 3rd May
- Everyone who attended had something to remember or take away in terms of check-ups, tips from various lectures and advice from some professionals. General feedback and comments were that we should hold this type of event every year.



Live and help to live

